

Chick Pea Muffins

Ingredients;

½ cup onion, chopped
½ cup frozen peas
½ cup grated cheese
½ cup mashed pumpkin
¼ cup olive oil
1 teaspoon curry powder
3 teaspoons baking powder
1½ cups chick pea flour
2 eggs



Method;

Mix onion, cheese, baking powder, flour, and curry powder. Mix peas, oil, pumpkin, and eggs together. Combine the two mixtures with each other. Cook in muffin trays at 200° for approx. 20 minutes.

Makes 12 muffins