

Bath Bombs

Ingredients

1 ½ cups Bicarb. Of Soda

1 cup Citric Acid

2 tsp. unscented massage oil per bomb (or almond, macadamia-not petroleum based)

Colouring Paste- use back of spoon to mix well and dispense

Essential Oil- 7 drops per bomb-a quality one-don't skimp here (omit essential oil if using scented massage oil)

Method

Combine the dry ingredients. **This is your base mixture.** To each ½ cup of base mixture, add the wet ingredients and combine. The mixture should not be too wet and is just able to be compressed between finger and thumb. Press into bath bomb moulds that have first been wiped with a little oil. Pop out and allow to dry. If they crumble put back in bowl and add a little more oil. If you're still having problems, leave in mould overnight. This rarely happens, but seems to have something to do with body temperature.

Gift wrap in cellophane bags or organza fabric, and tie with a bow. Great gift ideas!

Also available at Weigh 'n Pay

- Bicarb. of Soda
- Citric Acid
- Concentrated Colouring Paste-looks like toothpaste
- Bath Bomb Moulds
- Cellophane Bags
- Herbal Teas
- Stripped Lavender for added texture-sprinkle in mould first (when you turn bomb over, you've got this embedded on the top of each bomb).

